### Air Quality (AQ) Exposure Quick Reference

Please keep this card behind your ID badge or in your purse/wallet so that you have this information when you need it.

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<td><strong>1. Identify The Situation</strong></td>
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<td>If you encounter unusual fumes (odors), smoke, or haze:</td>
<td>If in the air, notify the pilots to call Medlink</td>
<td>File an employee injury report and ASAP report with the company</td>
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<td>▪ Quickly try to identify source: cabin air vents or other item?</td>
<td>If still at the gate, ask the CSA to call paramedics. Deplane if possible.</td>
<td>Keep printed copies of each report</td>
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<td>▪ If source of fumes is air vents, could be oil or hydraulic fluid contamination.</td>
<td>Seek medical attention as soon as possible. Some tests must be performed as soon as possible to detect exposure. Your symptoms can persist, worsen, or return after another incident.</td>
<td>Send a copy of the employee injury report to <a href="mailto:airquality@afaalaska.org">airquality@afaalaska.org</a></td>
</tr>
<tr>
<td>▪ Report to pilots immediately. Use AFA onboard air quality checklist as a tool if possible.</td>
<td>Call AFA for help (see reverse)</td>
<td>Ask supervisor to complete their Alaska Airlines air quality checklist with you</td>
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<td>▪ If no passengers are on board, step off the aircraft, especially if maintenance boards to test systems</td>
<td>Print and begin completing the AFA exposure checklist</td>
<td>If sick, file a worker’s compensation claim and see a doctor as quickly as possible. Claims do not start until you see a doctor.</td>
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<td>▪ Avoid breathing fumes coming from vents</td>
<td>Review the AFA International Air Quality website</td>
<td>Keep a symptom diary and document everything with a doctor</td>
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**WHAT TO DO**

**1. Identify The Situation**

- If you encounter unusual fumes (odors), smoke, or haze:
  - Quickly try to identify source: cabin air vents or other item?
  - If source of fumes is air vents, could be oil or hydraulic fluid contamination.
  - Report to pilots immediately. Use AFA onboard air quality checklist as a tool if possible.
  - If no passengers are on board, step off the aircraft, especially if maintenance boards to test systems.
  - Avoid breathing fumes coming from vents.

**2. Get Help If Sick**

- If in the air, notify the pilots to call Medlink.
- If still at the gate, ask the CSA to call paramedics. Deplane if possible.
- Seek medical attention as soon as possible. Some tests must be performed as soon as possible to detect exposure. Your symptoms can persist, worsen, or return after another incident.
- Call AFA for help (see reverse).
- Print and begin completing the AFA exposure checklist.
- Review the AFA International Air Quality website.

**3. Report & Document**

- File an employee injury report and ASAP report with the company.
- Keep printed copies of each report.
- Send a copy of the employee injury report to airquality@afaalaska.org.
- Ask supervisor to complete their Alaska Airlines air quality checklist with you.
- If sick, file a worker’s compensation claim and see a doctor as quickly as possible. Claims do not start until you see a doctor.
- Keep a symptom diary and document everything with a doctor.
**INFO FOR YOR DOCTOR**

Tell your doctor that you may have inhaled high-temperature engine oil/hydraulic fluid via the aircraft ventilation air supply. Give your doctor the relevant safety data sheet (SDS) AND Health Care Providers’ Guide. AFA can send these to ER/doctor on request.

Alaska Airlines uses:

- **Engine Oil** *(Boeing & Airbus)*
- **Mobil Jet Oil II**; contains tricresyl phosphates, per SDS
- **APU Oil** *(Airbus only)*
- **Eastman Turbo Oil 2389**; contains tricresyl phosphates, per SDS

**Hydraulic Fluid** *(Boeing & Airbus)*

Chevron Hyjet IVA+; contains tributyl phosphates, per SDS.

*Note: On the Airbus fleet, Alaska may use different hydraulic fluid in certain cases. SDS for these can be found on the AFA Alaska Air Quality website.*

Fumes can contain carbon monoxide (CO). Notify doctor if you took oxygen (recommended) because it can influence the CO blood test. Information regarding blood tests to discuss with doctor can be found below.

**Health Care Provider Guide**

https://goo.gl/m2vymj

**Blood Testing Information**

https://goo.gl/vDFRxa

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**RESOURCES**

- **This Information + Forms**
  http://afaalaska.org/ashsc/airquality/checklist

- **Practical Advice**
  https://goo.gl/dVIdq4

- **AFA International AQ Website**
  http://afaalaska.org/F5p5js

- **Global Lifeline**
  (800) 350-4390

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**AFA CONTACT INFO**

**Call First**

MEC ASHSC Vice Chairperson
airquality@afaalaska.org
(206) 457-2010, Extension 1101

**Backup**

MEC ASHSC Chairperson
airquality@afaalaska.org
(206) 457-2010, Extension 1100

**Employee Assistance Program (EAP)**
eap@afaalaska.org
(206) 457-2010, Extension 7

**AFA International**

Judith Anderson
judith@afanet.org
(206) 251-1203

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